## INVESTING 101

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## AGENDA

- Disclosure
- My Background
- Why Invest?
- How much to save \& invest?
- Professionals vs. Do-it-yourself (Financial Planning)
- Resources


## DECK DOWNLOAD

- Visit this to download the deck.
https://www.pulse360.com/investing-101/


## DISCLOSURE - YOU CAN LOSE 100\% OF YOUR MONEY.

- Investing money involves risk. Information presented here is for educational purpose and not investment advice. Past performance is not an indication of future results. Calculations may not include the impact of taxes and fees. Do your own due diligence. Resources and Links shared here are for informational purposes only and are not recommendations. This content and any opinions are presented pro-bono by Anand R Sheth, as an individual, and not attributable to Pulse360. Anand Sheth or Pulse360 are not liable for your investment choices or decisions and losses.


## WHAT THE HELL DO YOU KNOW ANAND? YOU ARE A STARTUP FOUNDER!

- 20 years in the financial advisory world - from compliance, strategy to operations.
- I have gone through uncertain times - DotCom bust and subsequent recession of 2001, September 11, Enron, Iraq War, Afghanistan War, SARS, Swine Flu, Ebola, MERS, 2008-2009.
- I have allocated, traded and managed up to $\$ 500$ million. In one day, I have traded $\$ 400$ million.
- I have run thousands of financial plans and helped hundreds of folks with their retirement, death, divorce, health issues, etc.

I COME FROM THE FINANCIAL PLANNING ANGLE.

## WHY INVEST?

KEEP IT ALL UNDER THE MATTRESS!

## CONGEPTS

For more details, you can google these terms.

- Time value of Money
- Interest Rates / Rates of Returns / Inflation Rates
- Time Horizon
- Risk
- Diversification (Allocation)
- Financial Planning (Taxes, Fees)


## INFLATION

Time value of money. In simplest terms, every thing costs more as time goes.

| $@ 2.5 \%$ | Today | 1 yr | 5 yr | 10 yr |
| :---: | :---: | :---: | :---: | :---: |
| Milk | $\$ 3$ | $\$ 3.08$ | $\$ 3.39$ | $\$ 3.84$ |
| Camera | $\$ 1,000$ | $\$ 1,025$ | $\$ 1,131$ | $\$ 1,280$ |
| Car | $\$ 20,000$ | $\$ 20,500$ | $\$ 22,628$ | $\$ 25,601$ |
| House | $\$ 300,000$ | $\$ 307,500$ | $\$ 339,422$ | $\$ 384,025$ |

## KEEPING IT UNDER A MATTRESS

## INFLATION

Invisible killer.

| @ 2.5\% | Today | 1 yr | 5 yr | 10 yr |
| :---: | :---: | :---: | :---: | :---: |
| Car | $\$ 20,000$ | $\$ 20,500$ | $\$ 22,628$ | $\$ 25,601$ |

- In one year, you have lost \$500 to inflation
- In five years, you have lost \$2,628 to inflation
- In 10 years, you have lost \$5,601 to inflation

| @ 2.5\% | Today | 1 yr | 5 yr | 10 yr |
| :---: | :---: | :---: | :---: | :---: |
| Car | $\$ 20,000$ | $\$ 20,500$ | $\$ 22,628$ | $\$ 25,601$ |

## CASH IN BANK VS. INVESTED

## BANK SAVINGS

| @ 1.5\% | Today | 1 yr | 5 yr |
| :---: | :---: | :---: | :---: |
| Car | $\$ 20,000$ | $\$ 20,300$ | $\$ 21,545$ |
| Difference | N/A | $\mathbf{y r}$ |  |

## INVESTED

| @ 3.5\% | Today | 1 yr | 5 yr | 10 yr |
| :---: | :---: | :---: | :---: | :---: |
| Car | $\$ 20,000$ | $\$ 20,700$ | $\$ 23,754$ | $\$ 28,212$ |
| Difference | N/A | $\$ 200$ | $\$ 1,126$ | $\$ 2,611$ |

## TIME HORIZON

Over-time, the different rates make a huge impact.

Watch for fees - just like returns, they will grow over time too.


## STOCKS, BONDS, ALLOCATIONS

WTF?

## WHAT IS A STOCK? AND SHARES?

Companies need money to start and run their businesses. To raise the money, they will "sell" part ownership of the company to you. That, in it's simplest form, is a stock. Shares are the quantity of stock you purchase. Example, 100 shares of CocaCola stock.


## WHAT IS A MUTUAL FUND OR ETF?

Individual stocks are very risky. If you have invested in just one company and that goes belly-up, your funds are gone. One way to reduce your risk is to diversify. Mutual funds or ETFs is the first step in diversification - they combine other stocks in a pool and sell your shares of the "basket". If one banana goes bad, you still have other fruits ---or stocks. ()

## Stocks

## Mutual Funds



## WHAT IS A BOND?

Unlike stocks, Bonds are considered loans to the company or government. You do not "own" part of the company. In exchange for your money, you get interest on your bond that is paid to you.

Bonds generally don't behave the same as stocks when it comes to volatility.

## ALLOCATION? HOW TO REDUCE RISK.



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## WHAT IS S\&P 500, DOW JONES AND AGG?

- S\&P 500 is an index composed of 500 public company stocks (large, medium and some small companies)
- Dow Jones is an index composed of 30 large public company stocks
- AGG is an ETF index representing different bonds


## S\&P 500

It is made of 500 different companies across a variety of sectors.

Feb 2020


## INVESTING 101

CONCEPTS YOU NEED TO UNDERSTAND

HOW MUCH TO SAVE? WRONG QUESTION

## YOU SHOULD BE ASKING:

## HOW MUCH WILL YOU NEED AND WHEN?

## TIME HORIZON - WHEN DO YOU NEED THE MONEY?



Medium Term

## HOW MUCH WILL YOU NEED?

Short Term

1 to 3 years


4 to 7 years

Medium Term


Buy a Car: \$10K


Safari Trip: \$10K

## RISK / REWARD

Figure out your risk tolerance. Choose an allocation and know how much loss you could incur. It is a guide - not an exact science.

End 2018

| $\square$US stock <br> Foreign stock <br> Bond <br> Short-term <br> investments | Conservative | Balanced | Growth |
| :--- | :---: | :---: | :---: |
| Sorage |  |  |  |
| Averannual retum | $5.96 \%$ | Annual return \% |  |
| Worst 12-month return | $-17.53 \%$ | $-40.37 \%$ | $-52.61 \%$ |
| Best 12-month retum | $31.06 \%$ | $76.57 \%$ | $109.55 \%$ |
| Worst 20-year retum (annualized) | $2.92 \%$ | $3.45 \%$ | $3.13 \%$ |
| Best 20-year retum (annualized) | $10.98 \%$ | $13.83 \%$ | $15.34 \%$ |

Past performance is no guarantee of future results. Data source: Morningstar, Inc., 2019 (1929-2018). See footnote 2 for details.

## RISK / REWARD

The higher risk you take, the higher the potential for better returns. On the flipside, when markets go down, the higher losses will be incurred.

All the latest investment firms have risk tolerance calculator. Use it.

THE RELATIONSHIP BETWEEN RISK AND REWARD


## NOW FIGURE OUT HOW MUCH TO SAVE \& INVEST?

| Stable |  | Growth |
| :---: | :---: | :---: |
| 1 to 3 years | 4 to 7 years | $8+$ years |
|  | Conservative | $\downarrow$ |
| Emergency Cash: \$10K | Buy a Car: \$10K | Safari Trip: \$10K |
| Save $\$ 271$ a month for 3 years at 1.5\% rate | Save \$96 a month for 7 years at 5.96\% rate | Save \$52 a month for 10 years at $8.98 \%$ rate |
| Wait 2 years - Now you need to save \$827 a month. | Wait 2 years - Now you need to save \$143 a month. | Wait 2 years - Now you need to save $\$ 72$ a month. |

## MARKETS ARE CRAZY RIGHT NOW.

## | ${ }^{\text {GSSCP } 324.63}$ | ${ }^{\text {DII } 128535.80 \times}$ <br> yahoo!finance <br> UMM, I WILL WAIT FOR THE BOTTOM.

## DEPENDS ON YOUR TIME HORIZON



## INTRA-YEAR DECLINES

Declines through the year are a normal occurrence.

## S\&P 500 intra-year declines vs. calendar year returns <br> Despite average intra-year drops of $13.8 \%$, annual returns positive in 30 of 40 years



Source: Factset, Standard \& Poors. J.P. Morgan Asset Management.
Returns are based on price index only and do not include dividends. Intra-year drops refers to the largest market drops from a peak to a trough
Returns are based on price index only and olo not include dividends. Intra-year drops refers 10 the largest market drops from a peak to a trough
during the year. For illustrative purposes only. Returns shown are calendar year retums from 1980 to 2019 , over which time peniod the average annual return was $8.9 \%$.
Guide to the Markets - U.S. Data are as of February 29.2020.


## MARKET TIMING

If you try to figure out the best time to enter the market, you could miss out on the best days.

Fidelity chart here. Data from 1980 to 2018.

No fees or taxes accounted here.

Growth of \$10K invested January 1, 1980


## PROS OR DO-IT-YOURSELF?

HOW MUCH TIME DO YOU HAVE?

## DO-IT-YOURSELF

- You don't need a Professional financial advisor. You can do it yourself. That's not the question.
- How much time do you have?
- Will you research impact of taxes? Changing regulations?
- Will you know what opportunities exist for you?
- Can you run the \#s every year?
- There are plenty of platforms now that are free to low fees. Choose one.


## PROFESSIONALS - CFP AND FEE-ONLY ADVISORS ONLY.

- They can run analysis and keep you abreast of changes. They can't avoid losses.
- Select a fee-only financial advisor that is a CFP ${ }^{\circledR}$ certificant.
- Ask for a referral from a friend but do your own research too.
- Bank Advisors are typically not appropriate.
- I would guide you to independent advisors or advisors with large non-bank firms. Such as Ameriprise, LPL, Raymond James, Edward Jones, Schwab, Vanguard, Fidelity.
- There is a fee to pay. Though check out Schwab - they have a new program for $\$ 300$ a year and get access to a CFP person. Vanguard also may have a similar program.
- Make sure you keep your fees low. Those add up.


## MY ADVICE

RESEARCH \& START WITH THE ROBO-ADVISORS - NOW. KNOW WHAT YOU NEED AND RUN A FINANCIAL PLAN.

SELECT THE CORRECT RISK TOLERANCE AND ALLOCATION.
DON'T FREAK OUT IF FUNDS ARE FOR LONG-TERM.
SEEK HELP FROM A PROFESSIONAL AS YOUR MONEY GROWS

## QUESTIONS?

## CALCULATOR RESOURCES

- https://smartasset.com/
- https://www.dinkytown.net/financialcalculators.html
- https://www.personalcapital.com/


## LEARNING RESOURCES

- https://www.investor.gov/
- https://www.nerdwallet.com/blog/category/investing/
- https://www.wealthsimple.com/en-us/class/stock-market-beginners
- https://www.pimco.com/en-us/resources/education/stepping-up-the-risk-reward-spectrum/
- https://www.fidelity.com/viewpoints/investing-ideas/six-tips
- https://www.kiplinger.com/
- https://money.com/
- https://www.wealthbase.com/ - simulated trading
- https://www.investopedia.com/simulator/ - simulated trading


## DO-IT-YOURSELF FIRMS

- https://www.wealthsimple.com/en-us/
- https://www.betterment.com/
- https://www.wealthfront.com/
- https://robinhood.com/us/en/
- https://www.acorns.com/
- https://www.ellevest.com/
- https://investor.vanguard.com/financial-advisor/digital-advisor
- https://intelligent.schwab.com/


## PROFESSIONALS

- https://www.letsmakeaplan.org/
- https://www.napfa.org/
- https://www.plannersearch.org/
- https://foundationforfinancialplanning.org/volunteers/
- https://www.xyplanningnetwork.com/
- https://zoefin.com/

